# REACH YOUR FULL GOLFING POTENTIAL
## with our bespoke Golf Performance packages





- Would you like your golf to be more consistent and accurate?
- Would you like to continue to enjoy golf for the foreseeable future?
- Do you feel that an aspect of your golf may be limited by your physical ability?

## Introductory package

- Trackman / Video Analysis
- Full Biomechanical Assessment
- Manual Treatment
- Physical Screening
- Excercise Programmes
- Goal Setting

ONLY £195

To book or find out more, visit
www.privatehealthprofessionals.co.uk/golf
**01271 812 013 | 01271 316 015**

SAUNTON GOLF CLUB

Private Health Professionals

### A UNIQUE APPROACH TO MULTI - DISCIPLINARY GOLF PERFORMANCE

Together with Private Health Professionals, Saunton Golf club are offering you a tailored package that will analyse and assess your golfing technique and physical movement, resulting in a programme of treatments and tutoring that will help to:

- Improve balance, stability & joint mobility to build a strong golf foundation for a consistent swing
- Increase strength & power for reduced fatigue & increased swing speed leading to increased distance
- Reduce the likelihood of injury ensuring that your golfing improvements are sustainable
- improve your golf ability and your enjoyment of the sport.



**RICK FEILDER**
PHP Golf Fitness Specialist



**TIFFANY MACKENZIE**
PGA Teaching Professional



**MEGAN STURLEY**
**JO GRIFFITHS**
PHP Physiotherapists